STELLKEY

Free printable · PDF

Visual schedule for kids with ADHD



Look at the picture, do the step, color the star!

Name _____ **Week of** _____

	MON	TUE	WED	THU	FRI	SAT	SUN
Morning routine	☆	☆	☆	☆	☆	☆	☆
School	☆	☆	☆	☆	☆	☆	☆
Snack and break	☆	☆	☆	☆	☆	☆	☆
Homework	☆	☆	☆	☆	☆	☆	☆
Dinner and free time	☆	☆	☆	☆	☆	☆	☆
Bedtime routine	☆	☆	☆	☆	☆	☆	☆

When I fill a whole week, I get: _____

One step at a time. Show only what comes next and cover the rest if needed.

What if the schedule showed one step at a time?

In the Stell app, your child sees only the next step, does it with Stell and earns a star right away.

Free to download · stellkey.com · used by 12,000+ families